

WHAT'S HAPPENING AROUND OUR LITTLE BIG CAMPUS

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SITizen is a publication by the SIT Advancement & Alumni Division.
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Dear SIT Alumni,

A Very Good Year

*Ending 2014 with a bang, with the 2014 New Alumni
Welcome Party still to come*

The year 2014 has undoubtedly been an extremely exciting journey for all students, faculty, staff and alumni of the Singapore Institute of Technology (SIT). In March, SIT became Singapore's fifth autonomous university. By August, a fresh intake of more than 1,400 first-year students had attended the recent SIT Welcome Ceremony, graced by Mr Ng Yat Chung, Chairman, Board of Trustees, SIT, as the event's Guest-of-Honour. Actually, just days before the Welcome Ceremony, the newbies had already had a first taste of their "SITizenship", at an Orientation Camp held at the Sarimbun Scout Camp organised by SIT seniors and SIT's Student Life Division.

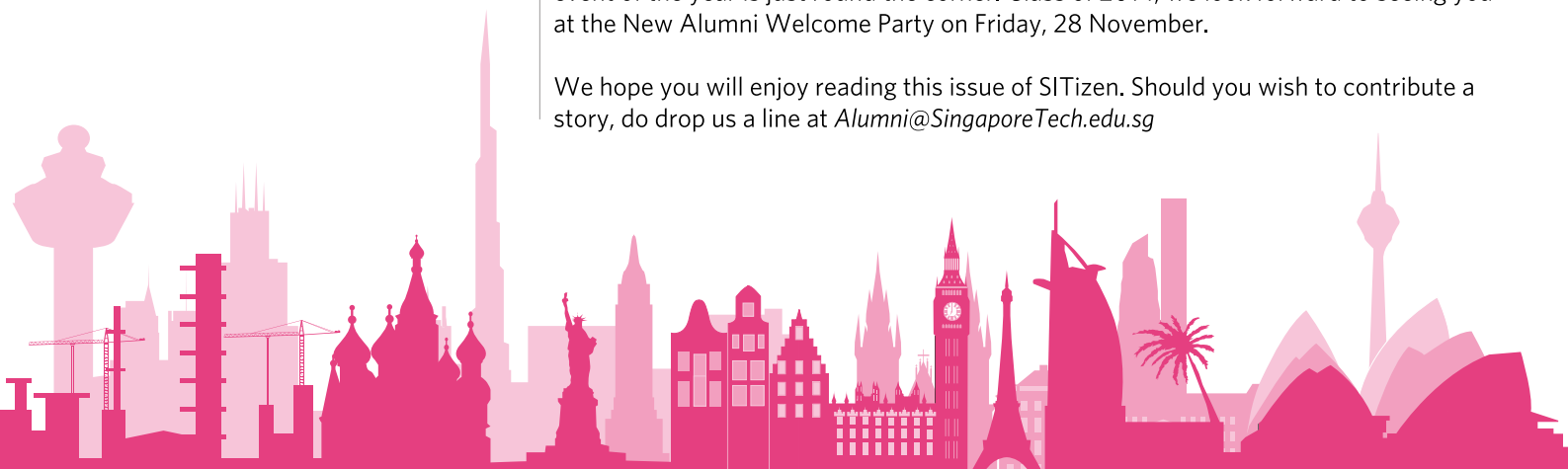
And if you do not already know, since the start of this Academic Year (AY2014/15) in August, about 300 pioneering students from SIT's three new degree programmes – Bachelor of Engineering (Honours) in Sustainable Infrastructure Engineering, Bachelor of Engineering (Honours) in Information and Communications Technology and Bachelor of Accountancy (Honours) – have made the Dover campus their home. University life at SIT@Dover has been a buzz: you could ask them, or simply turn the pages to partake of the laughter at the Day Zero and Chill Out @ Dover events.

Congratulations are in order on the many achievements of SITizens. Our newest alumni, from The Culinary Institute of America, University of Manchester and University of Glasgow, recently celebrated their academic achievements at graduation ceremonies in September and October. And on 30 October, the first ever SIT Scholarship Awards & Appreciation Ceremony 2014 was held at the SIT@Dover Campus to recognise new and graduating SIT Scholars.

In this issue, SITizen follows Ms Dorita Ho, an alumna from Trinity College Dublin's Bachelor in Science (Occupational Therapy) degree programme, on her day of work to witness first-hand the difference she makes to the patients as an occupational therapist at Ren Ci Community Hospital.

Outside of their careers, SIT alumni have continued to be an integral part in the life of the University, taking an active part in sports and career events under the SIT Alumni Networks. In fact, at a recent game, the SIT Alumni team gave the current SIT Basketball team quite a few pointers, beating their juniors 21-10. Of course, the hottest alumni event of the year is just round the corner. Class of 2014, we look forward to seeing you at the New Alumni Welcome Party on Friday, 28 November.

We hope you will enjoy reading this issue of SITizen. Should you wish to contribute a story, do drop us a line at Alumni@SingaporeTech.edu.sg



New Beginnings at SIT

AY 2014/15 intake receives a rousing welcome at the SIT Welcome Ceremony 2014 after going through a rite of passage at the SIT Student Orientation Camp to become new SITizens



Right here at SIT – a mini musical put up by our talented students, staff and faculty at the SIT Welcome Ceremony 2014.

SIT Welcome Ceremony 2014

A Singapore Institute of Technology (SIT) tradition to officially mark the beginning of each academic year, this year's SIT Welcome Ceremony took place on 23 August 2014 at the Singapore Polytechnic Convention Centre. The occasion formally welcomed students from all degree programmes offered at SIT for the Academic Year 2014/15, including the pioneer cohort from SIT's very own three new degree programmes.

Mr Ng Yat Chung, Chairman, Board of Trustees, SIT, graced the event as the Guest-of-Honour. Speaking to the more than 1,400 students and guests, he highlighted SIT's status as Singapore's new autonomous university, and the plans for SIT to move into the SIT@Poly buildings by the end of this year. He went on to commend the students of SIT's three new degree programmes, namely, the Bachelor of Accountancy with Honours, Bachelor of Engineering with Honours in Sustainable Infrastructure Engineering (Land) and Bachelor of Engineering with Honours in Information and Communication Technology (Software Engineering), for pursuing their interests with SIT and, as a pioneer class, paving the way ahead for others to follow.

At the ceremony, recipients of scholarships from the new intake were introduced to the attendees. This was followed by the highlight of the event - the debut of the mini-musical, "Right Here", put together by SIT's Student Life Division. Featuring not only SIT students, but faculty members as well as staff, the musical gave a teaser to what life in SIT could be like for the new batch of students.

Already looking forward to starting her Bachelor of Arts with Honours in Communication Design degree programme, Ms Poh Jing Yi said, "I only just found out that SIT is such a fun school! I find myself bonding easily with everyone here."

Mr Nigel Koh, who is enrolled in the Bachelor of Engineering with Honours in Mechanical Design and Manufacturing Engineering with Newcastle University to build upon what he studied in polytechnic, said that he hopes that "SIT will expand our views and help us to find out more about the industry."

The Legacy – SIT Student Orientation Camp 2014



JUMP! New SITizens bond at the SIT Student Orientation Camp.

Just a few days before the SIT Welcome Ceremony, more than 700 new students attended the SIT Student Orientation Camp 2014, held at Sarimbun Scout Camp off Jalan Bahtera from 18 to 20 August 2014. Organised by SIT students with help from the SIT Student Life Division, the camp took the students who were divided into four empires – Hydra, Phoenix, Griffin and Pegasus – through three days and two nights of fun, and games.

This was the second orientation camp for the AY 2014/15 intake, the first of which was held earlier in June this year for students of The Culinary Institute of America, Technical University of Munich, and Wheelock College, all of whom started their academic semesters earlier than the rest of their cohort. For the rest of the AY 2014/15 intake, the orientation camp held in August was a chance to make new friends, and bond over the shared experience of becoming new SITizens, fuelled by bubble tea and pasta.

One of these was Mr Wilfred Ong, a new student who is now pursuing a Bachelor of Science in Computer Science in Real-Time Interactive Simulation, who said "I made many new friends there, including those from other disciplines at SIT."

Honouring SIT Scholars

Inaugural SIT Scholarship Awards & Appreciation Ceremony recognises them for their contribution to SIT, for exemplifying the SIT-DNA and for building a unique university culture among students



SIT Scholars who will continue to be champions of their alma mater as they head into the workforce. From left to right: Ms Li Huiting, Ms Goh Seok Leng Rebekah, Ms Kho Li Ling Joyce, and Mr Ong Jia Ju Kelvin, who are part of the graduating group of SIT Scholars; together with Mr Gordon Tan Ping Hong, and Mr Gee Jun Xian who are recipients of the SIT Final Year Scholarship.

Singapore Institute of Technology's (SIT) first ever Scholarship Awards & Appreciation Ceremony 2014 was held on Thursday, 30 October 2014 at the Auditorium of the SIT@Dover Campus. The event was held to celebrate the achievements of new and graduating SIT Scholars. All are champions of SIT, as students and also as alumni who continue to serve, contributing time and resources back to SIT.

Twelve new recipients of the SIT Scholarship (awarded to outstanding first year students) and eight new recipients of the SIT Final Year Scholarship (awarded to students who have achieved outstanding academic results for their first year of studies with SIT) were recognised at the event. Together, the 20 scholars represent less than 1% of SIT's 3,000 enrolled students. Eleven SIT Scholars from the graduating Class of 2014 were also presented at the ceremony as they joined the ranks of our scholar alumni.

The scholars, their proud parents and loved ones were joined at the event by representatives from SIT's Overseas University partners, Polytechnic Principals, as well as SIT Senior Management: Prof Tan Thiam Soon, President, SIT, Prof Ting Seng Kiong, Deputy President (Academic) & Provost, SIT, Mr Chan Wing Leong, Deputy President (Administration) & Chief Financial Officer, Associate Prof Yee Fook Cheong, Vice-President (External Relations) and Prof Loh Han Tong, Vice-Provost, SIT.

In his opening address, Prof Ting congratulated the SIT Scholars, who he pointed out were chosen not based on their academic results alone. He said, "SIT believes that you have the values and attributes befitting an SIT scholar. These include commitment, integrity, leadership, people skills, and a strong desire to contribute to building the culture of our new university."

He reminded the new scholars that the SIT community looked to them "to be proactive agents of change and transformation, especially in this phase of SIT's growth as a new university" and to "fully embody the SIT DNA."

As for the graduating SIT Scholars, they will continue to play an important role in shaping the SIT legacy and that as SIT's ambassadors in the working world, they will influence how people will view SIT, he also said.

Prof Ting called on the Scholars to continue to keep close ties with SIT, by actively participating in and driving Alumni activities. "We welcome you with open arms," he said.

Ms Tai Jing Ning, a graduating scholar from the Bachelor of Engineering with Honours in Aerospace Engineering programme with the University of Glasgow, said, "Through the SIT Scholarship, I have accomplished much of what I never thought was possible. I am proud to say I have worked hard to be where I am, but I certainly could not have done it without SIT's help. In future, I hope to become a successful and influential member of the aerospace field, but this first step towards my dreams would not have been possible without the generosity of the SIT Scholarship."

As a new SIT Scholar beginning his undergraduate studies in the Bachelor of Arts with Honours in Communication Design, Mr Muhamad Fariz bin Junaidi hopes to "enrich and expand my skills and experiences by discovering my creative aptitude and through experimentation." He said, "I believe design can solve serious issues through innovation and design thinking, and it will be fulfilling to be a part of that movement."

For Mr Koh Min Jun, being an SIT Scholar means to be able to be a useful member of the community at large. He said, "As an SIT scholar, I wish to be able to contribute back to society using the meaningful skills picked up in SIT."



Mr Muhamad Fariz bin Junaidi (right) was one of the scholars who received his SIT Scholarship from Prof Ting Seng Kiong, Deputy President (Academic) & Provost, SIT.

New Talents Step Out

Class of 2014 celebrates academic achievements at CIA, UoM and UoG graduation ceremonies

The Culinary Institute of America Commencement 16 September 2014

The commencement ceremony for The Culinary Institute of America (CIA) took place on Monday, 16 September 2014, the auditorium of Temasek Polytechnic. Forty-one graduands from the Bachelor of Professional Studies in Culinary Arts Management programme were conferred their degrees by Mr Mark Erickson, Provost, CIA.

Among the guests gracing the event were Prof Tan Thiam Soon, President, SIT, and Chef David Myers, Founder of Gypsy Chef, who also delivered the Commencement Address.

The Francis Roth Award for Leadership was presented to Ms Nazriah Abdul Latiff, Mr Gerard Yip received the Julius Wile Academic Achievement Award, while Ms Lynn Chia and Mr Terence Chuah shared the honours for the Culinary Award.

Mr Trevor Tan, who gave the Address of Welcome, exhorted his classmates to “never give up on finding their own fried chicken,” which was a metaphor he used to remind them to not give up on following their dreams.

University of Manchester Graduation Ceremony 2014 26 September 2014



All ready to enter the nursing world – the graduates from UoM's Class of 2014.

A total of 48 graduands received their Bachelor of Science with Honours in Nursing Practice degrees at the University of Manchester (UoM) Graduation Ceremony, which was held at the ballroom of the Sheraton Towers Singapore on 26 September 2014.

Ms Sindhu d/o Raveendran, the valedictorian for the Class of 2014, was also recognised with the Outstanding Student Award. The Outstanding Dissertation Award was presented to Ms Bng Woon Hiang. Ms Lim Sin Yi and Mr Muhammad Hasrul Bin Ja'afar were recognised as the Most Improved Student and for Outstanding Contribution to Leadership and Service, respectively.

Said Ms Raveendran, “I’m looking forward to beginning my career in Nursing, and the training that I received from SIT-UoM will definitely give me an edge in my nursing practice.”



The Class of 2014 from CIA, together with (from left) Mr Chan Wing Leong, Deputy President (Administration) & Chief Financial Officer, SIT, Prof Tan Thiam Soon, President, SIT, Chef David Myers, Assoc Prof Yee Fook Cheong, Vice President (External Relations), and Prof Loh Han Tong, Vice-Provost, SIT.

The ceremony was attended by Mr Yong Keng Kwang, Director of Nursing, Tan Tock Seng Hospital, who also gave the commencement address. The Guest-of-Honour was Prof Rod Coombs, Deputy President and Deputy Vice-Chancellor, UoM. Prof Tan Thiam Soon, President, SIT and Mr Chan Wing Leong, Deputy President (Administration) and Chief Financial Officer, SIT also graced the graduation ceremony.

University of Glasgow Ceremony of Graduation 10 October 2014

The Class of 2014, from the University of Glasgow (UoG) attended their graduation ceremony at The Star Performing Arts Centre on Friday, 10 October 2014. In a ceremony that was full of tradition presided by Prof Anton Muscatelli, Principal and Vice-Chancellor, UoG, more than 200 graduands received their degrees from Prof John Marsh, Head of the School of Engineering, UoG.

The degrees awarded on the day were the Bachelor of Engineering with Honours in Aeronautical Engineering, Bachelor of Engineering with Honours in Aerospace Systems, Bachelor of Engineering with Honours in Mechanical Design Engineering, Bachelor of Engineering with Honours in Mechatronics as well as the Bachelor of Science in Computing Science degrees.

Mr Lee Zhang Pin was awarded the Professor Wu Dao Quan (吴道全教授) Outstanding Engineering Student Award for the Academic Year 2013/14 at the ceremony. Said Mr Lee, “It is indeed an honour to be presented the Prof Wu Dao Quan (吴道全教授) Outstanding Engineering Student Award, and receiving this makes all my efforts worthwhile.”



Mr Lee Zhang Pin (right), recipient of the Prof Wu Dao Quan (吴道全教授) Outstanding Engineering Student Award received the 'Charge to the Graduates' from Prof Anton Muscatelli (left), Principal and Vice-Chancellor, UoG.

How to Be a Winner in the Great Job Hunt

Some tips for new SIT graduates on how to create great résumés and sail through job interviews

1 Crafting a résumé that will get you noticed

An unrefined CV can be lethal – recruiters are bombarded with so many résumés that they reject candidates for interviews based on sloppy résumés. To avoid this fate, here's how to craft one with no grounds for rejection:

Good formatting:

A résumé should ideally be one to two pages. Use a legible font size

that most people can read (for example, at least Arial font size 11). Do away with fancy formatting such as tables and double spacing and fully utilise each line. However, do ensure that your résumé remains reader-friendly, with bold or underlined headers and adequate spacing.

Say only what counts: If you have extended educational qualifications, work experience and other achievements, include them only if they are relevant. For example, your experience as a part-time waiter may interest a hospitality organisation, but not an engineering company. Remove anything that can be a reason for rejection, such as a cutesy personal email address (use your free-for-life SIT Alumni email instead) or a photograph (no matter how professionally taken, recruiters might still read negatively into it).

Showcase your strengths: Learn to think about your résumé as more than a functional record. Excite the employer by displaying your key competencies. Do include your competencies or career-relevant skills, such as language and software skills, especially if you have minimal work experience.

Show them you know what you are talking about: Use high impact adverbs to indicate your initiative and control in each role. Mention technical terms relevant to the job scope (for example, Utilised SWOT



analysis, Porter's 5 forces, and 4P's of marketing in a case competition when applying for a marketing position) to show that you are familiar with industry practices.

Be specific: Companies are outcome-oriented, so do highlight your achievements for each role with specific details and concrete results, instead of merely listing your responsibilities. For example, you "managed a 20-member planning committee that executed a 200-people community event", or "directed communications strategy for a Facebook page that drew 1,100 likes", instead of "oversaw planning as Exco Member", or "in charge of public communications".

Avoid one-size-fit-all résumés: You should tailor your résumé to each employer and job so that it brings out the different competencies they are looking out for.

2 Making a good impression at the Interview

Your fantastic résumé has landed you an interview. Now it's a must to pass with flying colours at the interview to score the job and this is how to do it:

Practice makes perfect: Go through questions with someone who can role play to help you maintain eye contact and keep nervous body language in check. Remember it is okay to take a moment to think about an

atypical question – interviewers would appreciate a well-thought out reply.

Prepare for common interview questions:

Some typical questions include: Tell me about yourself (start with your qualifications and lead on to your passion and interests, which can coincide with the company's line of work); what are your strengths and weaknesses (turn your weakness into strength,

but recognise your limitations and show that you're making a conscious effort to remedy it); where do you see yourself 5 years from now? (show that you have done research into the company or industry to understand the various career paths available. You can also bring up the skills or responsibilities you would like to undertake by then); why should I hire you? (talk about what you wish to learn from this company, and how your skill sets can add value to the organisation); tell me about the achievement you're most proud of or the most difficult decision you made (build upon the characteristics that you want to highlight). For such questions, the STAR method is useful to getting your story right. S: Situation (Describe the scenario), T: Task or problem (What was the issue?), A: Action – What did you do in response? R: Results – What was the consequence of your actions?

Make reference to your résumé:

Some interviewers might be seeing the résumé only at the interview. This allows you to highlight particular achievements that you want to talk about.

Ask questions: Show a genuine interest in the job! You can do this at the end, or during the interview itself.

For more advice, log on to the SIT Career Portal at <https://singaporetech.optimalresume.com> or contact SIT Career Services at CareerServices@SingaporeTech.edu.sg



For many of the more than 300 new students, Day Zero was the first time that they had stepped onto the SIT@Dover campus.

Life @ Dover

SIT@Dover is all abuzz with energy, as the very first students of SIT's 3 new degree programmes begin their exciting university life at the campus

The Dover campus, which has been home to the Singapore Institute of Technology (SIT)'s corporate offices since June 2014, has finally seen the arrival of its most important occupants. The more than 300 students of SIT's three new degree programmes - the Bachelor of Accountancy with Honours, Bachelor of Engineering with Honours in Information and Communications Technology (Software Engineering), and the Bachelor of Engineering with Honours in Sustainable Infrastructure Engineering (Land) - have been attending classes at the campus since 1 September 2014. What's more, their coming has set every corner of the campus abuzz.

Said Ms Victoria Liang, a student from the Sustainable Infrastructure Engineering (Land) (SIE) programme and the President of the SIE Student Management Committee, "My favourite part about studying at SIT so far is all the study spaces that are available to us, like the classrooms which we can use if there are no lessons, or the space outside the library."

The pioneering cohort of undergraduates from these three new programmes began life @ Dover with a big bang, participating gleefully at special events like Day Zero and Chill Out @ Dover Day.

Ms Shirley Toh, a student from the Information and Communications Technology (Software Engineering) programme, said, "We are the first to experience all that SIT has to offer, and I can proudly say that I'm part of SIT's pioneer batch."

Day Zero - Academic Orientation

Excitement was palpable in the air on the morning of Friday, 29 August 2014, as SIT's very first Accountancy, Information Communication Technology and Sustainable Infrastructure Engineering students filed into the SIT@Dover campus. They were greeted by SIT staff from the Student Life Division and treated to goodie bags which contained, among other things,



Ms Victoria Liang (extreme left), catches up with her classmates to work on their group project, right before their Engineering Math lecture at a study spot outside the Library.

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a guide to starting campus life at SIT. This was Day Zero, which officially kicked off life at SIT@Dover campus for students in SIT's very own degree programmes.

Welcoming the students, Prof Tan Thiam Soon, President, SIT, said "We hope that you all will not only have the best possible education but that it is an education, a learning journey that you enjoy."

Orientation talks from the Programme Directors, as well as activities were organised especially for the students, preparing them for the various aspects of varsity life. There were also games for the students to get to know their cohort mates better, and an 'art jamming' session which gave them a chance to express not only their hopes and dreams for themselves, but also for SIT.

Ms Joan Ng, from the Accountancy programme said during the session, "I don't know exactly what to expect yet, but I do have high hopes for SIT to provide opportunities for me, academically and personally."



Top: Learning to work together even before school starts.
Bottom right: Excited new SITizens showing off their artistic talents;
Bottom left: The results - a colourful explosion of their collective dreams.



Chill Out @ Dover



SITizens got a chance to test out the culinary skills of SIT staff.

strengthen the bonds between faculty members and students, as well as to foster friendship across the three different programmes. It was also to celebrate the fact that the students have managed to survive their half semester at SIT.

SIT staff from various divisions also pitched in to man the kampong-style stalls serving dishes ranging from *laksa* to *popiah* dotting the lobby and the game stations that had been set up in the atrium. Near the main entrance, musicians from among SIT staff, faculty and students entertained the crowd with various evergreen hits.

"The food's great, and it's definitely quite surprising to see all the professors sing. I'm looking forward to catching up with some of my friends at the games later," said Mr Tay Ngiap Siang from the SIE programme, at the event.

Said Asst. Prof Lin, "All departments, faculty members, and last but not least, our Senior Management supported the whole event. Without the support and participation from everyone, the event could hardly have run smoothly and successfully as it did."

Taking place over lunchtime on Wednesday, 8 October 2014, Chill Out @ Dover was the first event of its kind held at the SIT @ Dover campus. Hosted by Asst. Prof Eliver Lin, it aimed to



Left: The Information and Communications Technology students showed up all in blue, in their specially made t-shirts. **Middle:** SIT staff and faculty showing off their musical talents and leading the students in a singalong all through the event. **Right:** Among the games was a fast-paced version of "Pictionary".

Nurturing Talents, the SME Way

With a growing awareness of the intrinsic value in SIT students, SMEs are building the future of our undergraduates through non-bonded scholarships and bursaries to level the playing field for them



The future is limitless for these new SIT students who are just starting university – and philanthropic support from Singapore's SME sector for scholarships, bursaries and study grants is helping to ensure that they can maximise their greatest potential.

Thanks to the far-sighted philanthropy of several small and medium enterprises (SMEs) in Singapore, the Singapore Institute of Technology (SIT) has recently been able to establish one new named scholarship, seven named bursaries and one named study grant to benefit its undergraduates.

All nine are non-bonded (see box). Some are open to all eligible SIT students, while others designate support for students in specified academic disciplines. The new scholarship and bursaries go some way in covering the recipient's tuition fees. Some of these bursaries also cover other types of academic expenses, such as the costs of going on compulsory Overseas Immersion Programmes. (The bursaries and study grant are valued at \$5,000 each. Safety Systems Engineering Scholarship, the new scholarship made possible by Safety Systems Engineering Pte Ltd to recognise outstanding students in pursuing degrees in Mechanical Design Engineering and Manufacturing Engineering, is valued at \$6,500 each.)

One of the new bursaries, Home-Fix Bursary supported by Home-Fix DIY Pte Ltd, further offers recipients the opportunity to apply to work part time for the donor company, with a paid allowance for an agreed period of work.

Said Mr Low Cheong Kee, Managing Director, Home-Fix DIY Pte Ltd, "We hope

that with the bursary, it would motivate the students to work hard to realise their educational potential to be the best that they can be. And upon graduation, use their time or resources to contribute positively back to society. "

Prof Tan Thiam Soon, President, SIT, said, "As the new university of applied learning, the unique SIT model is to integrate learning, industry and community in its pedagogy. The industry is where our students can learn to integrate theory with hands-on application in real-life work environments. The larger community is where we encourage our students to contribute back to, with their talents and passion."

"This is why we are so excited and appreciative that the SMEs are supporting our students in such an active and meaningful way, through their philanthropic giving. These SME-supported bursaries allow our students to concentrate on their education at SIT without having to worry about finances, and also provide our students with compelling first-hand examples of how successful enterprises and business owners are giving back to community," Prof Tan added.

Mr Sam Chee Wah, General Manager of FEINMETALL Singapore Pte Ltd, which has made possible the FEINMETALL Bursary for SIT students, has this to say, "Establishing the FEINMETALL Bursary with

SIT not only inspires our team to look beyond our vision. Importantly, it lets us know that someone out there believes in us. When you believe in us, our goals are naturally aligned."

Mr John Pan, Managing Director of Safety Systems Engineering Pte Ltd said, "I find it meaningful to support SIT and its students through the Safety Systems Engineering Scholarship because, in my mind, a strong nation is one with engineering prowess central to its nation building strategy. Hence a strong nation is home of many excellent and clever engineers, passionate about their engineering 'calling' or mission to collectively build a better homeland for all."

He added, "I think a clever nation is also one whose leaders give similar recognition to engineers as with scientists, bankers, doctors and lawyers, with regard to their contributions and also their remuneration. It is my hope that over time, more SIT students would respond to their engineering calling and then perhaps, as we walk pass the hallways or eateries, we would hear the conversations of budding undergraduates being peppered with engineering dreams and solutions to create a better world that has never been."

New Scholarships, Bursaries/Study Grant at SIT made possible by the SME Sector

- Drilmaco Bursary
- FEINMETALL Bursary
- Home-Fix Bursary
- JCS-Echigo Study Grant
- Kevin Liang Bursary
- Mun Siong Bursary
- Safety Systems Engineering Scholarship
- Tech Metal Bursary
- Perfect Team Engineering Bursary

Facilitating Meaningful Recovery

SITizen follows Ms Dorita Ho, an occupational therapist and alumnus of TCD, as she goes about her day at Ren Ci Community Hospital

Whilst having to undergo physiotherapy and rehabilitation at the hospital when she was 15 as a result of a cycling accident, Ms Dorita Ho came across the Occupational Therapy department with its unique facilities – such as the Activities of Daily Living (ADL) flat, and its gymnasium, which piqued her interest in the field of allied health. Some years later, a talk by allied health professionals at her junior college and subsequent observation sessions where she shadowed Occupational Therapists made Ms Ho certain that Occupational Therapy was indeed her calling.



Ms Dorita Ho, teaching a patient who has had a hip operation, a different way to put on his pants.

Now 23, Ms Ho is a graduate from the Bachelor in Science (Occupational Therapy) degree programme offered the Singapore Institute of Technology (SIT) in partnership with Trinity College Dublin (TCD). An Occupational Therapist at Ren Ci Community Hospital since her graduation this year, Ms Ho spends the bulk of her day working with patients in order to facilitate their recovery process after a period of illness or undergoing surgery.

This includes teaching them to go about their daily activities

in a way they might not be used to, such as learning to dress themselves again, or to clean their homes and even using a wheelchair to improve their mobility. Since occupational therapy is a client-centred practice, it is essential to Ms Ho that her patients are involved in their recovery process by including them in setting their recovery goals at the outset.

Even though her job can be quite challenging when patients set unrealistic goals for themselves, Ms Ho said, “taking the time to get to know a patient and understand why a particular goal is important” is key to helping her patients achieve their goals. Working in a community hospital enables her to spend a longer time with her patients as patient stays in a community hospital tend to be longer than that in an acute hospital.

What is most rewarding for Ms Ho? She says it is seeing her patients happy to achieve even the smallest goals and receiving feedback from family members and caregivers, when her patients are able to go about their daily lives with little assistance.

Of her one-year degree programme at SIT-TCD, she said, “It’s quite amazing how much knowledge was crammed into the one-year programme, and it solidified my understanding of my professional identity.”

Ms Ho also feels extremely fortunate as her supervisor, Ms See Lay Kim is also an alumnus of the SIT-TCD Occupational Therapy degree programme. “I feel lucky because my supervisor comes from the same background as I do, first from Nanyang Polytechnic, and then SIT-TCD. We’re on the same wavelength, and she understands where I am coming from.”



Ms Dorita Ho (right) updates her supervisor, Ms See Lay Kim (left), also an alumnus of SIT-TCD on her current cases.

Evolution of a Design

What better way to show off the talents of SIT students than with a design competition for November’s graduation ceremony collateral?

Instead of engaging an external design agency for the November graduation ceremony, the Registrar’s Office (RO) at the Singapore Institute of Technology (SIT) took up the suggestion of Prof Ting Seng Kiong, Provost, SIT, to look to our own design students graduating from the Glasgow School of Art (GSA).

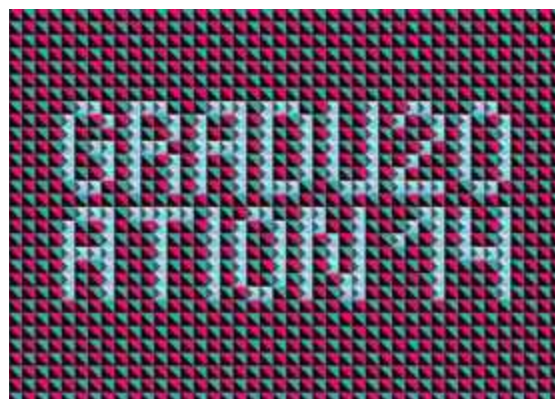
RO held a competition to challenge the GSA students to develop the theme concept and design for invite cards, graduation booklet, photo wall and stage backdrop. The panel of judges was made up of SIT faculty and staff.

The design from Ms Dawn Koh and Mr Eugene Ng emerged as the top pick of the judging panel. Said Mr Alvin Lim, Assistant Manager at RO who sat on the judging panel: “The design by Ms Koh and Mr Ng scored the highest out of all the submitted designs based on the criteria of aesthetic quality and ability to relate concept to design among other factors.”

Said Ms Koh, “We are grateful for the opportunity to showcase our work, and it’s especially meaningful to have designed for our own graduation ceremony.”



Top: Ms Dawn Koh and Mr Eugene Ng submitted two design concepts for the competition – this was the winning entry which the pair, along with the judging panel, further developed for the ceremony
Bottom: The final design – a bold and visually arresting piece.



How to Live Happy

SITizens get a chance to learn how to balance their work and life, and live a more fulfilled life

A group of 22 SIT alumni and graduating students gathered on 18 September 2014 at Grand Park City Hall for 'Work Smart, Live Happy', a career talk organised by the SIT Alumni Career Network. Over dinner, the participants got the opportunity to listen to Mr Kirby Chua, Counselling Psychologist from Grace Counselling Centre, speak on how to achieve happiness by connecting work with their meaning system.

With over 16 years of experience, Mr Chua expertly guided the participants through various exercises to help them identify where their life stressors were coming from and put their daily work activities into perspective so that they would be able to find greater meaning in both their work and personal lives.

Said Ms Ong Wen Hui, a graduating student from Newcastle University's Food & Human Nutrition programme, "It was very engaging and enriching. It definitely gave me better insights on work-life balance."

Mr Shawn Neo, an alumnus from the University of Glasgow, concurred, saying, "The information that was presented today is very useful for when I plan for my future."



Top: Some participants at the talk identify how they divide their time, and work on connecting their daily work to their 'supermeaning'.
Bottom: Mr Kirby Chua brought up real-life examples of how workplace stress can lead to procrastination and burn out.



Could this make the basket?

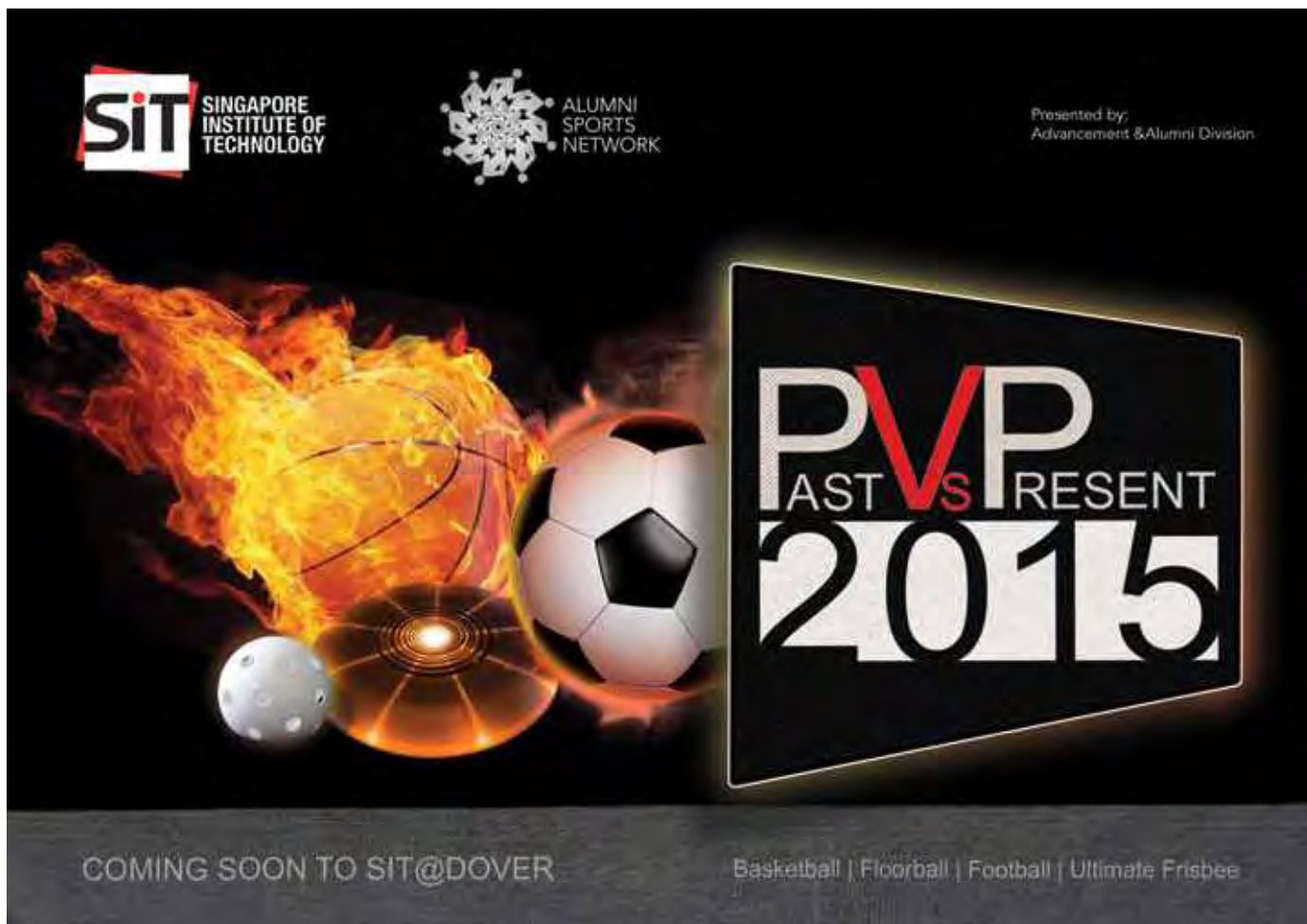
A SLAM DUNK

More sporting news from Dover campus – this time with a basketball friendly between SIT alumni and students

Following on the heels of the futsal friendly between SIT alumni and staff back in July, basketball fans amongst SIT alumni also wanted in on the sporting action now that the sports facilities at the SIT@Dover campus are available for use.

With the Singapore University Games (SUniG) taking place in early September, alumni from the SIT Basketball team took the time on the morning of Saturday, 16 August 2014 to show the current team quite a few pointers on how the game should be played. The Alumni team showed that they still had the chops, beating the SIT Basketball team with a score of 21-10.

Mr Irvine Lim, who graduated from the Mechanical Design Engineering programme at the University of Glasgow, said, "It was fun to not only play with the current batch of students, but it was also a good gathering with old friends."



SIT SINGAPORE INSTITUTE OF TECHNOLOGY

ALUMNI SPORTS NETWORK

Presented by:
Advancement & Alumni Division

PVP
PAST VS PRESENT
2015

COMING SOON TO SIT@DOVER

Basketball | Floorball | Football | Ultimate Frisbee

SIT Alumni Card Benefits

August Glow

- **15%** off all apparel (except shoes and bags)
- Valid until 31 Dec 2014
- Key in the voucher code during checkout: AG15@SIT at www.augustglow.com

Campers' Corner Outdoor Outfitters

- **15%** discount off all regular-priced items
- Valid until 31 Dec 2014

Dancepointe Academy

- Free first-time dance trial
(At Choa Chu Kang, Yio Chu Kang & Serangoon Gardens branches)
- Valid until 31 Dec 2014

Healthway Dental

- Corporate rates for dental services

Intune Music

- **10%** discount on first 3 months' course fees
- Valid until 31 Dec 2014

Lazada.SG

- **\$10** off with minimum spending of \$30
- Key in the promo code at checkout page: SIT010 at www.lazada.sg
- Valid until 31 Dec 2014

LeBunny Bleu

- **20%** off total bill
- Valid until 20 Apr 2015

Nanyang Optical

- **30%** off frames & sunglasses of exclusive house brands. Additional 5% off on house brand promotion packages; **20%** off frames & sunglasses of others brands
- **20%** off all conventional contact lenses; **10%** off BigEyes2 bi-weekly disposable color contact lenses (2-piece pack).
- Valid until 31 Dec 2015

Pies & Coffee

- **10%** off total bill; **15%** off whole cakes/sweet pies; **50%** off on slice cakes/sweet pies with 2 gourmet pies purchased
- Valid until 31 Mar 2015

Sharetea

- **10%** discount of all regular priced items
- Valid until 28 Feb 2015

Skinny Pizza

- **10%** off total bill at all Skinny Pizza outlets
- Valid until 31 Dec 2014

Sunrise

- **35%** off storewide
- Participating outlet: Sportslife, Far East Plaza
- Valid until 31 Dec 2014

Tom's Palette

- **10%** off selected ice-cream products

WTS Travel & Tours

- **12%** off Legoland Theme Park Package (2-way Coach, Theme Park Ticket, Coach Insurance)
- **5%** off Legoland Theme Park & Water Park Package (2-way Coach, Both Park Tickets, Coach Insurance)
- Key in the discount code '**ALU2014**' for the Legoland Theme Park Package and '**SPLASHINGDEAL**' for the Legoland Theme Park & Water Park Package at <http://legoland.wtstravel.com.sg/>
- Valid until 31 Dec 2014

**Please present your SIT Alumni Card prior to making payment. Terms and conditions apply. Please refer to <http://sl.singaporetech.edu.sg/Welfare/SITtreats.aspx> for detailed terms and conditions.*



2014

New Alumni

Welcome

PARTY

Friday, 28 Nov 2014 | 7pm to 11pm

Hard Rock Cafe (Orchard) | Smart Casual

\$15 incl. GST (Dinner & free flow of beverages - soft drinks, beer, wine & spirits)

New Alumni Welcome Party for students graduating in May and November 2014.
